



Building Bonds through the Senses

A sensory-informed parent group for adoptive and special guardianship families

Introduction

Building Bonds through the Senses is a fortnightly parent group being run by the Occupational Therapist from the Anchor Team in the Spring/Summer of 2026.

Course Aims:

- Learn about how developmental trauma can influence sensory processing
- Explore how children's behaviour can be understood through a sensory lens
- Develop strategies for creating sensory-friendly home environments
- Practise practical, sensory-informed parenting approaches
- Build confidence in supporting your child to understand and manage their sensory needs

Course Dates and Times

**Sessions will be run online via Microsoft Teams*

Dates	Time
22 April	12 – 2pm
6 May	12 – 1.30pm
20 May	12 – 1.30pm
3 June	12 – 1.30pm
17 June	12 – 1.30pm
15 July	12 – 1.30pm

Further information

- Open to ATV families living in Berkshire and Swindon who currently have a child placed in their care.
- There are 10 spaces available, offered on a first-come, first-served basis when registration of interest forms are received.
- Each family will be offered an individual meeting before and after the group to explore your child's sensory needs and think together about your goals for the course.



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Registration of Interest Form

Deadline for submission - 20 March 2026.

Parent/carer name *(Please provide the name of the adult wishing to attend.)*

I give consent for ATV Anchor to contact me in relation to this course. Please contact me by:

- Email (please provide email address)

- Phone (please provide number)

- Either

What interests you about attending this course?

(You may wish to describe areas you would like support with or topics you hope to learn more about.)

Do you have any specific questions about the course?

For further information or to register your interest please email this form to:

Anna Michell, Paediatric Occupational Therapist, ATV Anchor

anna.michell@oxfordshire.gov.uk

Once we receive your registration of interest, the Anchor Team Occupational Therapist will contact you to arrange your initial meeting. This will provide an opportunity to discuss your family's goals, address any questions you may have, and ensure the course is a good fit for your needs.